

## *The Best Show In Town*

We need to learn to see better. One way is to create a better mirror. After all, the truest mirror is—

*click...click*

That's sowing and reaping. For example, one way to be what you yearn to be is by learning to accept one another. You see, the more you like people and think they're important, the more they will like and respect you. And the more others respect you, the more you will learn to believe in yourself. In other words, act as a friend and you'll have friends. It should be obvious then that what you say and do is important. As is the corollary: It's not what you think you are that holds you back, it's what you think you're not.

*Isn't there a degree of wish fulfillment in that?*

Sure there is! And we all have limitations we must learn to accept. But the trick is to accept them as beginnings and not endings. There are no boundaries you can't go beyond—there are just starting points for improvement. Think of it this way: No hurdle will ever stop you unless you refuse to jump it.

*click...click*

*You've been openly critical of people dealing in luxuries and also the financial markets, including gold and diamond merchants, financial newsletter gurus, plastic surgeons, even televangelists.*

That's right.

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*You said, and I quote, “All the financial rewards in the world can’t guarantee access to the realm of wisdom. Doing is being is all-important.” Would you please elaborate on that?*

As so often happens, the press has taken the character and thrust out of my statement. Which, by the way, is what some plastic surgeons do when they erase the noble origins of their patients—so when they look in the mirror or their children look at them, what they really see is a lie. Yep, I’ve seen firsthand that luxuries can dull the senses and become a deterrent to accomplishment. There’s a whole lotta work to be done in this world, and only doing can define the individual. You pretty much are the things you do, you know. If you write poetry then you’re a poet, or if you garden then you’re a gardener. Kind of and sort of. But monetary and cosmetic dealings add little or no value to the soul. So if the desire to leave an imprint on life awakens, there’s often too little psychic currency to barter with. That’s why *doing is being is all-important*.

*click...click*

...stimulates the dormant powers of the mind, allowing you to mobilize its positive resources. Only positive thinking will allow you to control yourself and others.

*Let’s focus on that a moment. You said—*

Mr. Frost, have you attended one of my classes?

*No, I haven’t.*

Then how can you doubt what I’m telling you if you haven’t

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experienced it for yourself? Will you agree that the surest way to overcome your fears and inadequacies is to develop a positive attitude?

*I'll agree with that. But that alone won't lead to developing one's full potential or a strong self-image.*

True. But in the same way that a positive attitude brings forth a positive attitude in others, positive attitudes can cause amazing things to happen.

*Then are you saying that failure is the net result of accepting a belief that you can't succeed?*

That's right. Because how you visualize yourself in a given situation is how you'll act and what you'll become. And when you reinforce those images in a positive way, positive things will happen. For example, focusing on the positive in your life reinforces feelings of confidence and determination, while expressing positive ideas and emotions projects an image of success, breaking self-limiting patterns of behavior. So believe in yourself and know where you're going, speak positively about who you are and where you're going, then watch your attitude and self-esteem reach new heights. High self-esteem can help you overcome problems that may otherwise overcome you, just as believing in yourself can result in others wanting to believe in you. Remember, people will follow you if you're committed to win the race.

*click...click*

*We that grew up in the shadow of the bomb know there are terrible dangers inherent in the use of power even when it is intended for*

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*good. Power can unleash forces that can be used or misused depending on the moral character of the individual. I'm sure you understand the concerns some have that as master of the Maquette you may be able to transcend the laws of nature. Is it true?*

That's ridiculous! The power they refer to is of no consequence. It's not the hidden knowledge of God's creation or some black conjuring from the underworld. Maquette's power is only controversial because it's unseen and operates outside the boundary of standard theories. Just because some bureaucrat hasn't been able to get his paws on it to analyze it—

*click...click*

*At some time we all face a paralyzing moment. What advice would you like to give our viewers?*

If you face a paralyzing moment, do something that moves you forward and beyond that moment. Doing is the surest way to build self-confidence—

*Yes, but—*

So look on inevitable setbacks as temporary, not permanent—something that is limited in time and has no impact on the future. See problems as specific rather than all-encompassing, as disconnected separate events. Don't generalize a single failed attempt at something to mean that your life is a failure. And see events as external rather than personal. So become more resilient and bounce back faster by seeing negative events as temporary, specific, and external to yourself.